

**YMDDIRIEDOLAETH
GOFALWYR**

Croesffyrdd
Gorllewin Cymru

**CARERS
TRUST**

Crossroads
West Wales



Llanelli Coastal Path Walk for Wellbeing

Followed by Coffee and Cakes at St Elli Bay Café



Free Event for Carers
Friday 17th June 2022

Meeting at 10:00am – 12 noon
outside St Elli Bay Café, North Dock,
Llanelli, Traeth Ffordd, Llanelli,
SA15 2LF

To book a place please contact the Carers Information Service
Tel: 0300 0200 002 / Email: info@ctcww.org.uk